



Red Storm Volleyball Club
2023 - 2024 Club Handbook

www.redstormvb.com

Introduction:

Red Storm Volleyball is a member club of Junior Volleyball Association (JVA), Amateur Athletic Union (AAU), USA Volleyball (USAV) and the Bayou Region Volleyball Association (BRVA).

Red Storm Volleyball believes that individual skill development and discipline are the two most important parts of club volleyball. We are dedicated to providing the most comprehensive technical/skill training to each of our players so they can reach their highest potential. We believe that great teams develop from having great players so we will do our best to help each player become the best she can be. Additionally, we feel it is important that players learn how to be great teammates and learn the tactical part of the game as well.

Red Storm Volleyball Club Mission Statement:

Our mission is to develop strong, independent and driven young women by striving for competitive excellence through discipline and consistent hard work in a family environment.

We intend to foster a feeling of community in which the entire club gathers together to get to know each other and nurture a whole club spirit outside of each individual team. In doing this, players and parents of all age groups can get to know the coaching staff and vice versa. We will hold several club-wide events throughout the season which will serve to establish and strengthen the relationships we desire to have with each family.

At Red Storm we believe that it is important for each player to receive consistent and comprehensive training throughout her volleyball career. The employment of a Master Coach is designed to aid in the process of developing a consistent program.

As part of the team-training package, players will receive position-specific training as part of their team training, compete with other teams in the club, be involved in the Traction training program and receive the highest level of coaching from our experienced staff.

Club Vision and Goals:

- To inspire our young athletes to dream, to trust, to build confidence and to value the resiliency team sports demands.
- To be compelling in challenging and supporting our athletes to strive for their own unique greatness (combination of talent, personality and perseverance)
- To be innovative and consistent in how we train our athletes, parents and coaches.

- To train “The Whole Athlete” on and off the court.
- To establish a greater sense of community amongst Red Storm athletes, coaches and parents.
- To create attainable goals for our teams and individual athletes which will foster growth and explore future volleyball and life prospects on and off the court. Goal creation will be owned by athletes, directed parents, and coaches.
- To offer an enthusiastic and professional approach to teaching/coaching. On and off the court, our coaches will carry themselves in a manner that reflects that outlook.
- To train the “**Thoughtlessness of Effort**” – effort is everyday, it's in practice, in the classroom, in building relationships, ...we will work to engrain this concept in our athletes.
- To provide collegiate recruitment opportunities that will allow players to compete at the national level and to continue successful academic and playing careers at colleges or universities if they choose to do so.

Team Selection:

Teams will be comprised of selected student athletes who are willing and able to contribute and subscribe to the rules, philosophies and goals of each team. Players will be chosen based on skill level, athletic ability, potential, attitude and ability to understand roles as well as the concept of being a team player. Our goal isn't to exclusively train athletes for just one season. Our hope is to build a continuum of training with our athletes over multiple seasons. Red Storm places athletes in training scenarios where they can be **comfortable and competitive**. In finding a comfortable environment, we reserve the right to offer team placement that doesn't match age or grade. Our older teams are constructed by position demands, tryout evaluation, potential and ability/desire to commit to the team. Age is not a driver for placement. For the betterment of athletes' development over time, those who are high school freshmen, but are age able to play 14s and under (with middle school athletes), will be directed to play 15s and under (alongside other high school players) if their skill level is comparable to those on the older age team. This enhances their prospects to socially mature and develop the needed athletic skills required for their future volleyball experiences.

Player Development:

Red Storm is committed to training our athletes for the duration of their club volleyball experience. With the desire to develop the whole athlete in mind, the 2024 season will feature some “classroom sessions” predominantly hosted by our Master Coaches. In these sessions, we will talk about leadership, time management, and individual and

team goals. Throughout the season, Red Storm will be fostering an environment for our athletes to grow their understanding of the game, learn to thrive in competitive scenarios and have the necessary competitive composure to be successful in their athletic endeavors wherever that is.

Red Storm staff:

The club's coaching staff and administration boasts a wealth of talent and years of experience at both the college and club level. Many of our coaches have had great careers as players and have now transferred their talent to coaching. Contact info as well as bios for administration and coaches can be found on the Red Storm website.

Coaching Staff:

Teams will be staffed with coaches who promote fairness, high work ethic, integrity and good sportsmanship. Coaches are responsible for establishing this team environment and supporting the enhancement of players' volleyball skills, leadership abilities, teamwork and individual development on and off the court. Each coach involved in the development of the team should be treated with the utmost respect. Any abuse of our coaches by a player or a parent will be dealt with swiftly. It is the intent of Red Storm to provide an on-going learning environment for its coaches. We consider the interaction between our coaching staff members to be vital, as we strive to provide by a significant margin the strongest training program, the most experienced staff and training of the whole athlete in a family environment.

Coaching and Playing Philosophy:

It is our philosophy that practices are the time to improve skills and work on new concepts. It is important that players and parents accept the club mantra: **“Players pay to train, not to play. Playing time is not a given; it is earned first by hard work, positive attitude, and display of skills on the practice court.”** 80% of each athlete's club experience occurs in our practice gym. The remaining 20% of club time served is within the tournament context. We believe our training is unparalleled in its quality and will grow more tournament opportunities **for athletes who make the most of that chance.**

We are sensitive to the fact that a traditional source of frustration for players and parents alike is the issue of playing time. The reality is that equal playing time is not an attainable goal or outcome especially for players in the 12U and older age groups. Just by the nature of the volleyball game, it is not always feasible to guarantee or offer equal playing time.

During tournament play, the coach has the right to determine the line-up that he or she determines best suited to meet the goal of the particular level of participation. Our master coaches will also have input in lineups and match management. An “equal play philosophy” does not apply in many situations. It is each player's responsibility to

perform at a level that is consistent in keeping with the goals of the team. If the player does not, for whatever reason, fulfill their obligations on the court, it is the coach's right to substitute them so that the team may achieve its goals. Players are expected to perform certain roles on the bench as well, which greatly contribute to the success of the team.

All players must understand that playing time among team members WILL NOT BE EQUAL, especially in playoff and gold bracket situations. It is likely that some players may not see the court on the last day of a three day tournament or in the playoffs of a two day tournament. However, coaches of the Regional teams will do his/her best to give each player **shared** playing time in pool play. THIS DOES NOT ALWAYS TRANSLATE TO PLAYING 50% OF THE TIME. Coaches of National and Elite teams will do his/her best to allow all players to compete in each tournament attended. Though more often than not every player will play on every day, this is NOT guaranteed. The coach will clearly define each player's role (and offer the player the opportunity to expand that role), and the coach will base playing time on what the lineup/substitution scenario best offers the team a chance to be successful. Rarely will the coach sacrifice an opportunity to win in order to "give someone playing time."

Factors that influence playing time include, but are not limited to (in no particular order): attendance, attitude, practice performance (hustle, enthusiasm, skill and athletic ability), "teamness" and playing position. Some players will get specialized assignments while others must work to be the best alternate starter she can be. Regardless of the role that evolves over the season, all players and parents are expected to remain positive and committed to the goal of having the TEAM do as well as possible by the end of the season.

Based on position, a player may play back row and rotate out or play front row and rotate out when reaching the back. It is important for players and parents to understand one of the goals of the team is to compete successfully at tournaments. If it is the player's belief that she is not being treated fairly and playing an appropriate amount, **she** should discuss it with the coaching staff first and foremost. The coaching staff sees your daughter at each practice and may see something that parents do not. Parents and players should remember that playing time is earned. The players, by working hard in practice to improve skills and consistency, will determine how much playing time they will get.

In reaching our goal to educate players in life skills outside of volleyball, we feel it is important for players to create and maintain a good dialogue with their coaches regardless of age. This is particularly true with the 14 and older age groups. The 10/11/12/13 age groups should be a balance of teaching a young player to learn to communicate, while having the guidance of a parent as needed.

The parent's role is one of support to the players, coaches and the club. Parents should not engage in "coaching" from the sidelines, criticize players, coaches or game officials or try to influence the makeup or operation of the team at any time.

- We encourage player communication with their coaches(suitably supported by players – based upon age).
- If a parent feels that he or she must address a team situation, they are permitted to contact the coach 24 hours after the last game of a tournament to discuss their concerns.
- **At no time should a parent approach the coach during a game or immediately following a game or match. No parent should come onto the court for any reason during competition.**

Tournament Information:

The location and number of tournaments are set every year by the Red Storm administrative staff. The club will guarantee each of its teams a full season, which includes a minimum number of regular season tournaments.

It is mandatory that all athletes participating in a postseason tournament schedule will fulfill their commitment.

Red Storm will explore expanding tournament schedules (1 event) with consideration that the accompanied cost will be distributed back to each team family's cost.

Individual tournament information will be made available as soon as it's received but oftentimes the play schedule is only available the week or days prior to the tournament. The club will utilize a Parent Rep for the team and one of the responsibilities of the Parent Rep will be to disseminate information to the team.

Fee Structure:

The cost for membership on a team varies depending on the level and age of the team. The fee covers almost everything related to the operation of the team and entry into tournaments. When your child is selected to represent a team, the parents are required to submit payments to the club to cover this fee. The fees and payment schedule can be found on the Red Storm website.

The club bases its fees on the expected cost of running a successful club volleyball program in a given year. The fee that is paid covers the following:

- JVA club registration fees
- BRVA club registration fees
- BRVA team registration fees
- Tournament entry fees
- AAU individual registration fees
- AAU team registration fees

- Out of region tournament entry fees
 - Continuing coach education
 - Training equipment
 - Salary for coaches
 - Training for coaches
 - Travel, rooming, food and per diem expenses for coaches
- Administrative costs, salaries, and supplies
 - Website and Social Media maintenance fees
 - Miscellaneous expense

Fees will NOT be refunded for players who choose to leave before the end of the season. Fees do not cover the travel, hotel accommodations or food a player may need during a tournament. Players and parents often work out carpools to tournaments to reduce costs.

Travel Policies:

1. Players may take overnight trips with your team. These trips require that you will have some rules to live by including curfews set by coaching staff. It is expected that you will respect all of the rules that are made as well as the coaches and parents who enforce them.
2. The coach will predetermine a meeting place for the team (prior to an event) which may be at a hotel the evening before an event, at a tournament host site, etc. Any parent volunteer providing transportation for a tournament is under the direction of the coach, regarding when and where athletes are required to be. Please do not volunteer if you cannot work in conjunction with the team requirements.
3. Transportation to and from all practices, club-sponsored clinics, and tournaments is the responsibility of the parents.
4. Be sure to bring all jerseys, bikers, knee pads, socks, shoes, large water bottle and other required items.
5. Parents are exclusively responsible for athletes outside of the tournament venue. If a player's parent is not able to attend an event, it is expected that a chaperone parent will be assigned to that athlete.
6. When at the lodging location, athletes must travel in pairs (as a minimum) when walking outside of the lodging premises. There shall be no display of disrespect toward any club coach, athlete, parent, chaperone, or hotel guest/employee.
7. Males are not permitted in the rooms of the athletes' lodging at any time. The only exception is relatives to an athlete. Violation of this policy can

result in immediate expulsion from Red Storm and an athlete being sent home.

Injury Policy:

Any player that suffers an injury that is medically proven to prohibit them from participating in practice and competition with their Red Storm team for the duration of the current season, may be eligible for a partial refund:

Refunds will be based on the percentage of the season that has been completed. This must be communicated to the club director in writing via email.

Injured players are expected to attend practices for observation and investment purposes if they are physically able to do so without risking further injury. Time off the court can be highly frustrating but can serve as a different learning modality for athletes to maximize.

Expectations of Players:

Just showing up for practice is not enough. Red Storm needs players who are punctual, who are in the proper frame of mind to work hard, and who pay attention to instruction and cooperate with teammates and coaches. As often as possible, Red Storm players should be warmed up and ready to compete at the time listed to begin practice. "Teamness" is the outlook of our players to embrace the shared experience which club volleyball is intended to be. Players' individual decisions, values and opinions have great effects on the collective. We expect players to spend time off the court together (team meals, parties, etc.) to enhance the synergy needed on the court for greater competitiveness. That intangible is vital to team belongingness, safety and building trust amongst teammates (and parents). Traction workouts will be a key aspect to player development, injury prevention and overall improved play. Attendance is encouraged.

Commitment:

It is vital to be fully committed to the Red Storm Volleyball Club program. If you work hard in practices, matches and scrimmages, you are likely to have a successful season. Players who are committed to improving have little time for players who simply wish to turn practices into social events or punch list items because of someone else's aspirations or standards. Red Storm supports our athletes maximizing life experiences (such as **senior** prom, family planned vacations, college visits, etc.) which is a catalyst in the building of our tournament and practice schedules. Along the path of commitment, families will make many sacrifices and athletes will bypass many school functions and social endeavors. Red Storm believes this creates a more lasting value and motivation for the opportunity the club will provide each family. **Having like-minded families and athletes is pivotal to the success of a team.**

Attendance:

The club volleyball commitment is a big one in terms of time, emotion and resources. With this in mind, it is important to player and team development to attend every practice, yet we know practices will be missed. If athletes are going to miss practice, please inform your coach at the practice prior or earlier if it is known. We suggest that players offer coaches dates of conflicts before “in season” practices begin (so coaches can plan accordingly). **Excused practice absences are those related to family, faith, academics or illness.** Players are allowed and encouraged to play other sports for their schools especially those participating at the Regional and Elite level but must communicate conflicts to their coaches as early as possible. It is the responsibility of the multi sport athlete and family to over communicate to coaches who are balancing each athlete’s development equally. Players attending school sporting events on club tournament dates may hinder their development, that of the team, and that player’s tournament play time. It must be understood that missing practices and/or tournaments does not signify full commitment to the team and its goals. Moreover, **it needs to be understood that missing training and competition time with your club team can greatly affect a player’s role on the team.**

Image Presentation:

You are representing yourself, your family, and the Red Storm volleyball club at every tournament. We are a club that will be known for good sportsmanship and integrity by our players, coaches, and parents. A player arguing with officials is never appropriate and not tolerated. For the older girls, you will not always know when a college recruiter is in the gym; therefore it is important to display proper behavior at all times. College coaches do not just watch you play. They watch you and your parents interact with everyone around you at all times. Families should be very aware of the public nature of social media. Misrepresenting our club, via inappropriate images or comments, will not be tolerated.

Respect for the Rules of the Club:

This includes the club’s rules as well as any rules of BRVA, USA Volleyball, JVA Volleyball and AAU. Rules will be clearly stated, and will be enforced. The team may have its own rules established by the coach and approved by the club.

GENERAL FACILITY RULES

- Water and sports drinks only on courts.
- No athletes should be in the Red Storm offices unless supervised by a coach.
- No coolers or outside food allowed in the facility. No coolers will be allowed during tournaments at Team Sportsplex unless otherwise specified.
- Volleyballs are to be used in the court area only - not in the lobby, restrooms or outside.
- Do NOT bring valuables to Team Sportsplex. We are not responsible for lost or stolen items.

- Demonstrate respect for yourself, other patrons, staff, and property while enjoying the facility.

RULES SPECIFIC TO RED STORM AND TEAM SPORTSPLEX

- Red Storm will enforce all Team Sportsplex rules.
- Each team/coach is responsible for returning volleyballs and cart at the end of each practice and tournament.
- Equipment room must remain organized.
- Teams should practice on the court assigned to them.
- Red Storm will supply first aid kits as necessary during practices and contests.
- Additional rules may be added during the course of the season.

Conduct/Presentation for Red Storm Athletes

It is the intent of Red Storm to be a leader in the volleyball community in the South. It is also the intent of Red Storm to lead by example, which means you: the athlete, the parents, and the coaches. These guidelines are set forth to protect the safety and integrity of the athletes, parents, coaches, and Red Storm. Please note that all circumstances are not accounted for and in the event of an undue circumstance, the Club Director will take appropriate action.

1. "Conduct Unbecoming an Athlete" will not be tolerated at any Red Storm function. This covers a wide variety of circumstances, for example, not being a team player, getting into fights with fellow team members, the use of foul language or rude gestures towards teammates, other athletes, parents, coaches, officials or opponents.
2. No cell phones are allowed to be "ON" in the gym during any practice. At tournaments, all devices will be put away until the tournament is complete and all responsibilities are concluded.
3. Proper nutrition is required. Practices will be very demanding on your physical abilities. Tournaments are an all-day affair, and in some cases two and three days long. It is important to stay hydrated at all times. It is important that parents or chaperones monitor the nutrition patterns of each athlete and be open to encouragement from coaches as to what is necessary for maximizing the tournament experience.
4. At tournaments, teams will be responsible for officiating, scorekeeping, and calling lines. We want to officiate other teams the way we would want to be officiated. This means no headphones or cell phones in use while working.
5. No team member is permitted to leave a tournament site until all officiating responsibilities are completed. There may be circumstances for local tournaments where the Head Coach can give you permission to leave only if

communicated weeks before (and shared with the entire team to ensure clear communication within the team dynamic). If an athlete does leave early, with coach permission, it should be expected that the natural byproduct of that choice will be additional work assignments at the next event.

6. You are to support your teammates at all times while on the team bench, whether you are playing in a particular match or not.
7. Parents are to be supportive of the entire team at all times. Parents are not to engage in any behavior in cheering that would reflect negatively on Red Storm. Guidelines for parents are no different from players in this regard, and the same consequences can be put into place for an athlete due to parents' behavior.
8. Automatic expulsion from the Club can result for the following offenses:
 - a. Smoking/vaping at any Red Storm function or anywhere else for that matter
 - b. Using alcohol or drugs at any time during a Red Storm function or at any other time or place
 - c. Leaving lodging premises without notifying the parent and without a chaperone
 - d. Having boys in your room (other than relatives)
 - e. Inappropriate use of social media especially wearing Red Storm attire.
9. Hair color must be a natural color - no extreme hair colors or hair styles. If you decide to color your hair an unnatural color such as purple or bright red, you will not be allowed to compete or practice until your hair is returned to a natural color.
10. Only the Court Captain (under the direction of a coach) or the Head Coach may question an official.
11. If any Red Storm teams are playing at the same tournament site, teams will be encouraged and sometimes expected to watch and cheer for other Red Storm teams.

Maintaining Good Grades:

We consider the Red Storm Volleyball Club to be a club of scholar athletes. It is important to maintain good grades and a healthy life balance off the court. Time management is a critical skill that successful student athletes need. Players are expected to plan ahead and make sure that preparation for school work is completed well in advance of the assignment due date. No consideration will be given for failure to plan ahead resulting in missing practice to complete assignments or study for tests. For those student athletes exploring a collegiate career: if we are to guide you through the process of getting recruited by colleges and universities you must do your part in the classroom.

Expectation of Parents:

Consistency and trust between coach and parent will allow for the player to gain a much more focused approach and active support network. If the values and goals of our club and their coaches are not reinforced at home, then the success of this experience for your daughter may be jeopardized. Parental involvement and support are crucial elements to a successful club experience. There are many ways parents can be part of the team and contribute to the team's success.

1. Drop off and pick your child up on time from practices and tournaments. Allow your daughter ample time to change into their court shoes/volleyball garb before practice begins. Make every attempt to have your daughter at the practice site **AT LEAST 20 MINUTES PRIOR TO THE START OF PRACTICE TIME**. Your daughter is required to be warmed up and ready to practice at the start of practice time, and if you get her there 5 minutes before practice, she will not be ready.
2. Do not instruct or talk to your child during practices or matches. Doing so will negatively affect playing time. The coach needs their undivided attention to get the most out of the practice/match. We know you do NOT want to become a distraction to your daughter or interfere with the team's development.
3. Assist (meaning at 13s & older the player needs to take responsibility as often as possible) with communication to coach in the event your daughter will not be in attendance at practice. As soon as possible, and at least at the practice prior to that determined absence.
4. Help with the transportation of players to out of town tournaments.
5. Athletes are not allowed to stay in hotel rooms by themselves. They must have an adult chaperone with them on out of town tournaments. If the parent is not able to attend, it is the parent's responsibility to find a chaperone for their child and inform the Coach in advance. The coach can and will serve as the chaperone if the need is communicated well in advance.
6. Supervise your child after the coaching staff has released them from tournament play.
7. Be positive and proud.
8. Refrain from yelling at the team, coaches, referees, and line judges, the other team's players and coaches and **abide by the 24 hour rule**. Above all, encourage your daughter and her teammates.
9. Attend team organizational meetings. Most teams will get together before the season to get acquainted. Each team and coach has slightly different philosophies. Get to know your daughter's coach.

10. Pay your fees on time. Budgets are designed to meet expenses and if fees are not paid, we will not be able to meet those expenses in a timely fashion. **If fees are not paid, your daughter will not be permitted to participate in practices and tournaments.**
11. Take advantage of social media. Please follow us on our Facebook, Twitter & Instagram accounts. We will be growing this communication vehicle for seasons to come.
12. Take and submit photos of the team to Matt Anastasio via e-mail for the website and social media outlets.
13. Be willing to contribute to Red Storm events such as tournament hosting, coaching clinics, etc.
14. Parents are paying for your daughter to be trained and to improve, and remember that playing time is earned, not given. It is not debatable. If there is a question, the player will talk to the coach first. If the concern remains, parent and player can discuss it with the coach together at an appropriate time.
15. Along with the girls, you are also representing our team and our club. Our team will be respectful of the opposing teams, officials, and location where we are playing. Keep trash picked up in our area. Pay attention to the rules of the gym.
16. Encourage your child; it makes more of a difference than you realize! Have fun! Everyone is expected to work together – players, parents, coaches, and administrators – to make the season enjoyable for all.
17. Comprehend that your enjoyment level can and typically does dictate your daughter's.

Grievance Procedure

Red Storm fully comprehends the value of parent involvement and encourages our parents to offer feedback whether negative or positive. The below procedure is designed to help athletes and parents with questions, concerns or problems that may occur during the course of the season. It ensures open and honest communication between all parties involved.

1. **24-hour rule:** If the athlete or parent has a concern arising from a tournament or practice that needs to be addressed, they must wait at least 24 hours after the conclusion of the event to discuss the issue with the coach. We trust that parents will be timely in communicating with coaches regarding potential

issues that would distract that coach from their primary objective of coaching the team.

2. The athlete must first ask for a meeting between the coach and herself to discuss the issue at hand. In the case of players on 13's or younger teams, the parents may request the meeting.
3. If the issue is unresolved, the parents may ask for a meeting between themselves, the athlete, and the coach to discuss the issue. The meeting should take place at a location considered adequate for a private discussion agreed upon by both the parent and coach– NOT at a tournament and/or practice.
4. If the issue is unresolved, the parent may ask for a meeting with the club director, coach, and athlete. A scheduled time away from practice or a tournament is appropriate. The decision of the club director at this point is FINAL.

It is essential that our parents serve as a support system for our club, players and coaches. To ask this, we, as club directors, coordinators, supervisors and coaches need to be available to empower parents and players with information and understanding. When all parties share time together, the potential conflict creates a greater opportunity of learning how all parties can be more congruent in cultivating a positive experience for our athletes.

Parent Rep. Responsibilities:

One of the important ingredients to a successful Red Storm club season is the parent rep. Each team will have a representative who serves as the liaison between the coaching staff and the parents. Listed below are some of the responsibilities for the Parent Rep. If you are interested in serving as the parent rep for the team or wish to help in some other organizational capacity, please contact our office.

1. Communicates regularly with the coach and informs the team of changes in practice times, tournament schedule changes, and any other information that needs to be distributed to the team (including parents).
2. Serves as the team representative to the Red Storm Club administration. Attends meetings at which a parent rep is required. Any information presented at the meetings is then communicated back to the team parents.
3. Assists in the distribution of team uniforms and apparel.
4. Prepares a team directory for all parents with names of players and parents, addresses and phone numbers.
5. Coordinates team meals and parties, bonding activities, etc.

6. Encourages team and club spirit!



Parent Code of Conduct

As parents of a member of the **Red Storm Volleyball Club**, we will conduct ourselves in a manner as outlined by the following Code of Conduct:

1. In addition to the club expenses as outlined in the “fee structure” on the Red Storm website, we understand that our daughter has paid to LEARN skills and concepts of volleyball; she has not paid to play equal time in the tournaments. The Red Storm coaching staff is committed to developing ALL players’ skills, and when a player earns the right to play in a certain situation, she will see playing time. That decision is purely a coaching one. However, Red Storm will not keep players whom we do not believe have the potential to contribute during tournaments.
2. Red Storm welcomes and encourages support of all teams during competition. We believe that our parents are part of the Red Storm organization and are seen as such by other organizations and officials. Therefore, we will conduct ourselves accordingly by:
 - a) Cheering Red Storm teams for their play and NOT jeering or harassing the opponent’s team, officials, or work teams for their performances;
 - b) Realizing that the officials and their work teams are attempting to do the best job they can to referee the game fairly, it is up to the Red Storm teams to win or lose the game. Therefore, we will conduct ourselves with appropriate sportsmanship;
 - c) Acknowledging that some Red Storm players are relative beginners in the sport of volleyball and will make mistakes—probably at critical times in a match. We will be patient and supportive through these times for all players we are around;
 - d) Realizing that coaching is NOT a science and that all coaches will make decisions that are popular and unpopular. However, we believe that every member of the Red Storm coaching staff acts in the best intentions of the team, and the best intentions of each and every

player. We may not agree with every decision they make, but we will respect that decision.

- e) Refraining from talking to the players during practice or games. The players need to be concentrating on the game and listening to their coach.
3. We will see that our daughter is at practices and team functions on time or early.
 4. We will assist in car-pooling whenever possible.
 5. We will be responsible for monies due on the specified dates. We acknowledge that delinquent payment, without appropriate communication with Red Storm Staff members, may lead to short term suspension of Red Storm privileges until a payment plan or payment is made.
 6. We are responsible for our daughter's conduct. If a problem arises at any time we will be contacted by the coaching staff or club director.
 7. We are aware that the decisions rendered by the directors are done so with concern for the overall betterment and reputation of Red Storm Volleyball Club and will abide by these decisions.
 8. We are responsible to abide by the "Return to Play" policy and are responsible to complete an injury report form if it occurs at Team Sportsplex or any other facility. It is highly encouraged if an injury occurs that parents and players directly communicate with their coach. Injury prevention is a crucial element to athletic development. My investment in supporting Red Storm's Team Sports Performance program significantly lessens the risk of potential injury setbacks.
 9. If we have concerns or questions about our daughter's status with regard to her team, we will follow the process of discussion described below in order to understand the situation:
 - a) Our daughter will request a meeting with the head coach before or after a practice. No discussion will take place during practice times or on days of competition. Although this might require patience, we realize that the coach is responsible for the entire team and should not be forced to focus on one individual at these critical times.
 - b) If concerns still exist on behalf of either party, we may request a meeting with the coach where the parents, the player, and the coach are present.
 - c) If the issue is unresolved, the parent may ask for a meeting with the club director, coach, and athlete. A scheduled time away from practice

or a tournament is appropriate. The decision of the club director at this point is FINAL.

10. If we remove our daughter from a competition without previous permission from the head coach, Red Storm will consider her to have resigned from the club and all remaining monies will become due and payable.
11. We realize that the use of tobacco products and alcohol is legal for adults over the age of 21. However, intoxication will not be tolerated, nor will we offer any of the above-mentioned products to any junior volleyball player. Any player using tobacco or alcohol will be immediately expelled from the club and all remaining monies will become due and payable.
12. We fully recognize that we are role models to all players in Red Storm Volleyball Club and we will conduct ourselves accordingly at all times.
13. If we do not behave in a manner consistent with the sportsmanship and professionalism Red Storm demands from its athletes and coaches, we may be asked to refrain from attending practices and tournaments.



Player Code of Conduct

We understand and will abide by the Red Storm Volleyball Club Player Code of Conduct, and if it is not followed at any time we will lose all privileges granted by the club.

THE FOLLOWING ACTIONS ARE PROHIBITED:

1. Possession, consumption or distribution of alcohol and/or tobacco if illegal or in violation of BRVA, AAU, JVA or USAV policy. USAV policy prohibits the possession, consumption or distribution of alcohol and/or tobacco by anyone registered as a Junior Olympic Volleyball Player at the event venue of any USAV sanctioned junior event.
2. Use of a recognized identification card by anyone other than the individual described on the card.
3. Physical damage to a facility or theft of items from a court, hotel room, dormitory, residence or other person. (Restitution will be part of any penalty imposed.)
4. Possession of fireworks, ammunition, firearms, or other weapons or any item or material which by commonly accepted practices and principles would be a hazard or harmful to other persons.
5. Any action considered to be an offense under Federal, State or local law ordinances.
6. Violation of the specific policies, regulations, and/or procedures of the BRVA, USAV, JVA, AAU or the facility used in conjunction with a sanctioned event. (It is the responsibility of the individual to be familiar with applicable specific policies, regulations and procedures.)
7. Conduct which is inappropriate as determined by comparison to normally accepted behavior.
8. Physical or verbal intimidation of any individual.
9. Actions that will be detrimental to USAV, AAU, JVA or the BRVA.

10. Automatic expulsion from the Club can result for the following offenses:
 - a. Smoking at any Red Storm function or anywhere else for that matter
 - b. Using alcohol or drugs at any time during a Red Storm function or at any other time or place
 - c. Leaving lodging premises without notifying the parent and without a chaperone
 - d. Having boys in your room (other than relatives)
 - e. Inappropriate use of social media



Parent/Player Signature Page

Handbook Consent form: Please print, sign and upload this form on the website by **December 5th, 2022.**

We, the parents/guardian of _____, have read the "Red Storm Volleyball Club Policy Manual" concerning the policies and practices of Red Storm Volleyball. We have read the information provided and understand the time and commitment involved in the practice and competition schedule. We have reviewed the fee schedule and agree to pay all fees regardless of the duration of participation. Understanding the stipulations and having discussed these with our child, we agree to and will support her participation in Red Storm. We understand that once registered with and having participated with Red Storm, the athlete will be unable to transfer clubs and compete in the USAV Regional and Junior Olympic Championships AAU/JVA regional events or national championships.

I, _____, the athlete of Red Storm, have read the "Red Storm Volleyball Club Policy Manual" concerning the policies and practices of Red Storm Volleyball and agree to follow these policies. I understand the commitment I am making to Red Storm and that if I should choose not to follow the policies as expressed above and any additional boundaries set forth by my coach, my playing time may be restricted and I risk further consequences with Red Storm.

By signing below, I confirm that I have read, understand and will abide by the rules, guidelines and policies of the Red Storm Volleyball Club Handbook. I understand that my signature is required by the Red Storm coaching staff for my child's participation and to ensure an enjoyable and successful season.

I also am aware of the Red Storm payment schedule and will ensure payments as follows (Participant costs, by age, can be found at www.redstormvb.com)



Failure to Comply: Should any player/family not comply with the terms of your financial agreement, Red Storm will pursue the outstanding fees via a collection services or legal proceeding. Additional expenses affiliated with these collection efforts will be included into the original delinquent payment.

Parent or Guardian's Signature: _____ Date: _____

Parent's Name (PLEASE PRINT):

Player's Signature: _____ Date: _____

Player's Name (PLEASE PRINT): _____

Team: _____

Photograph Consent Form

I irrevocably consent to and authorize use of my comments and/or photograph or likeness, thereof, for advertisement, public relation, promotion or any other non--profit purpose(s) by Red Storm Volleyball Club. I agree to waive any present or future claim for compensation or consideration. I also waive my right to inspect or approve the finished product, including written copy that may be created.

Player Signature _____ Date _____

Parent or Guardian's Signature _____ Date _____